

WEEK TWO	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Pizza Friday</u>
Lighter Choice					
WINTER MENU 5th January- 27th March 2015	Cheese or Jam Sandwich	Jacket Potato With Tuna	Tuna or Egg Mayo Sandwich	Jacket Potato With Coleslaw	Cheese or Tuna Filled Roll
Main Course (1)	(h) Chicken Sausages served with Creamed Potatoes	(v) Savoury Mince with Yorkshire Pudding served with Creamed Potatoes	Roast Chicken Drumstick & Stuffing, Gravy Served with Roast Potatoes	(h) Chicken & Vegetable Puff Pie served with Parsley Potatoes	Jacket Potato with Cheese, Tuna or WM Spaghetti Hoops
Main Course (2)	Vegetarian Sausage served with Creamed Potatoes	Lemon Infused Fish Portion with Creamed Potatoes		Fish Star served with Parsley Potatoes	
Main Course Vegetarian (V)	Quorn Shepherds Pie Served with WM Crusty Bread	Cheese & Tomato Flan served with Creamed Potatoes	Vegetable Nuggets Served with Roast Potatoes	Vegetable Bean Burger In a High Fibre Bun	Pizza Slice Served with Oven Baked Chips
Vegetables & Accompaniments	Peas Baby Carrots Baked Beans Bread Basket Salad Bar	Broccoli Sweetcorn Bread Basket Salad Bar	Cauliflower, Peas Green Cabbage Bread Basket Salad Bar	Green Beans Fresh Sliced Carrots Baked Beans Bread Basket Salad Bar	Sweetcorn Crunchy Coleslaw WM Spaghetti Hoops Bread Basket Salad Bar
Main Dessert	Fruity Flapjack & Custard	Fruit Iced Sponge & Custard	Rice Pudding & Sultanas	Chocolate & Cherry Crunch & Custard	Cookie & Juice Drink
Or Fresh Fruit, Fruit Pots, Yoghurts and Cheese and Biscuits available daily Semi skimmed milk will be available daily in addition to drinking water					
Lighter Choice will be served with: Vegetable/Fruit portion and Dessert Option					