

<b>WEEK THREE</b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Pizza Friday</u></b>
<b>Lighter Choice</b>					
<b>WINTER MENU</b> <b>5<sup>th</sup> January- 27<sup>th</sup> March 2015</b>	Cheese or Tuna Sandwich	Jacket Potato With Tuna	Jam or Egg Mayo Sandwich	Jacket Potato With Coleslaw	Tuna or Cheese Filled Roll
Main Course (1)	(v) Meatballs in Tomato Sauce served with WM Spaghetti & Crusty Bread	(v) Minced Quorn & Vegetable Pie Served with Boiled Potatoes	Roast Turkey & Stuffing, Gravy served with Fondant Potatoes & Yorkshire Pudding	Sizzling Chicken Fillet served with Brown Savoury Rice	Jacket Potato with Cheese, Tuna or Baked Beans
Main Course (2)	Breaded Fish Fillet served with New Potatoes	BBQ Chicken Wraps served with Tri Colour Pasta		Salmon Fish Fingers served with Potato Waffles	
Main Course Vegetarian (V)	Cauliflower, Bean & Broccoli Bake served with WM Crusty Bread	Cheese & Onion Lattice served with Boiled Potatoes	Quorn Fillet or Sausage served with Fondant Potatoes & Yorkshire Pudding	Oven Baked Vegetable Samosa with Mint Yoghurt Dip & Brown Savoury Rice	Pizza Slice Served with Oven Baked Chips
Vegetables & Accompaniments	Baked Beans Sliced Carrots/Peas Bread Basket Salad Bar	Broccoli Sweetcorn Bread Basket Salad Bar	Mixed Vegetable Medley Bread Basket Salad Bar	Peas Sliced Carrots WM Spaghetti Hoops Bread Basket Salad Bar	Sweetcorn Baked Beans Bread Basket Salad Bar
Main Dessert	Blueberry Sponge & Custard	Chocolate Orange Sponge & Custard	Fruit Cookies	Jam Sponge & Custard	Fruit Jelly & Fruit Whip
Or Fresh Fruit, Fruit Pots, Yoghurts and Cheese and Biscuits available daily <b>Semi skimmed milk will be available daily in addition to drinking water</b>					
<b>Lighter Choice will be served with: Vegetable/Fruit portion and Dessert Option</b>					