

# GB OLYMPIC GYMNAST

## KRISTIAN

### THOMAS

#### is visiting this school

 @kristian\_thomas  @kristom1  @kristian.thomasgb

Most important role model?

My team mates.

Top tip for life?

Listen to your coach!

What are you most grateful for?

An amazing support network.

Greatest high?

London Olympics 2012.

Which charity do you support?

British Gymnastics Foundation.

Who would you like to meet?

Usain Bolt.

True or false?

My favourite food is Pizza?\*

\* Answer: True

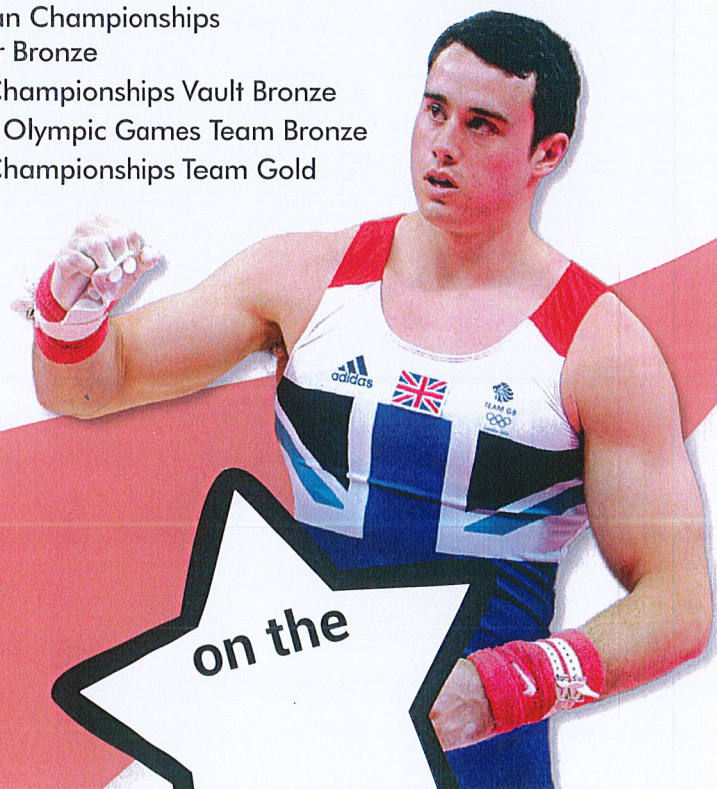
### Kristian Thomas

Kristian rose to prominence in 2008 when he was crowned senior British champion. He followed this up with a superb performance at the 2009 World Championships in London where he came 6th in the all-around.

In 2012 he was part of the British team that famously won Olympic bronze in London before he came back from a minor injury in 2013 to take bronze on vault at the World Championships. Named the captain for Team GB's gymnastics squad for the Olympic Games in Rio, Kristian helped the team finish in 4th, and made the individual floor final.

Some of Kristian's achievements include:

- ★ 2016 Rio Olympic Games Team 4th Place
- ★ 2016 European Championships Team Silver and Horizontal Bar Silver
- ★ 2015 World Championships Team Silver
- ★ 2015 European Championships Team Gold and Floor Exercise Gold
- ★ 2014 Commonwealth Games Team Gold and Vault Silver
- ★ 2014 European Championships Horizontal Bar Bronze
- ★ 2013 World Championships Vault Bronze
- ★ 2012 London Olympic Games Team Bronze
- ★ 2012 World Championships Team Gold



on the