

DINE

WITH MIQUILL

WEEK ONE

DINE
Main Meal

DINE
Vegetarian Meal

DINE
Jackets or Pasta



Sweet choices

MONDAY



**Beef Burger
in a Bun**
with Potato
Wedges and
Green Salad or
Peas

**Quorn Burger
in a Bun**
with Potato
Wedges and
Green Salad or
Peas

Veggie Spaghetti
Bolognese

**Lemon Drizzle
Cake**

TUESDAY



**Chicken Tikka
Pizza**
with Potato Salad
and Sweetcorn or
Baked Beans

**Cheese & Tomato
Pizza**
with Potato Salad
and Sweetcorn or
Baked Beans

Jacket Potato with
Cheese and Beans

Ice Cream

WEDNESDAY



**Roast Chicken
Stuffing & Gravy**
with Roast
Potatoes and
Carrots or Broccoli

Cheddar Quiche
with Roast
Potatoes and
Carrots or Broccoli

Macaroni Cheese

**Summer Fruit &
Yoghurt Crunch**

THURSDAY



**BBQ Chicken
Wrap**
with Wholegrain
Rice and Rainbow
Slaw or Cauliflower

**Mexican
Bean Chilli**
with Wholegrain
Rice and Rainbow
Slaw or Cauliflower

Jacket Potato
with Cheese and
Beans or Mexican
Bean Chilli

Rice Krispie Bar

FRIDAY



Fish Fingers
with Chips and
Garden Peas or
Baked Beans

**Vegetarian
Fishless Fingers**
with Chips and
Garden Peas or
Baked Beans

Pasta with Herby
Tomato Sauce

**Chocolate Chip
Cookie**

Freshly made sandwiches and crudites are also available

**Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are
available daily**

WEEK COMMENCING:

08/04, 29/04, 20/05, 10/06, 01/07,
22/07, 12/08, 02/09, 23/09, 14/10

MIQUILL

DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta



Sweet choices

MONDAY

Comfort
FOOD 

Cottage Pie
with New Potatoes and Peas or Red Cabbage

Rainbow Veggie Picnic Pie
with New Potatoes and Peas or Red Cabbage

Veggie Spaghetti Bolognese

TUESDAY

Italian 

Tuna Pasta Bake
with Garlic Bread and Sweetcorn or Italian Side Salad

Vegetable Shepherd's Pie
with Garlic Bread and Sweetcorn or Italian Side Salad

Jacket Potato with Cheese and Beans

WEDNESDAY

Roasts 

Roast Chicken Stuffing & Gravy
with Roast Potatoes and Cabbage or Broccoli

Vegetarian Sausage
with Roast Potatoes and Cabbage or Broccoli

Macaroni Cheese

THURSDAY

AROUND THE World 

Chicken Tikka Masala
with Wholegrain Rice and Cauliflower or Roasted Carrots

Creamy Vegetable Korma
with Wholegrain Rice and Cauliflower or Roasted Carrots

Jacket Potato with Cheese and Beans or Curry

FRIDAY

Fish & Chips 

Breaded Fish
with Chips and Mushy Peas or Baked Beans

Vegetable Nuggets
with Chips and Mushy Peas or Baked Beans

Pasta with Herby Tomato Sauce

Freshly made sandwiches and crudites are also available

Ice Cream

Fresh Fruit Salad

Chocolate Brownie

Apple Sponge & Custard

Flapjack

WEEK COMMENCING:
15/04, 06/05, 27/05, 17/06, 08/07,
29/07, 19/08, 09/09, 30/09, 21/08

Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are available daily

MIQUILL 

DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta

Dessert
STOP

Sweet choices

MONDAY

Comfort
FOOD 

Chicken Sausages & Onion Gravy
with Mash and Peas or Baked Beans

Veggie Sausages & Onion Gravy
with Mash and Peas or Baked Beans

Veggie Spaghetti Bolognese

Chocolate Courgette Cake

TUESDAY

Italian 

Beef Bolognese with Spaghetti
with Garlic Bread, Sweetcorn and Peppers or Carrots

Wholemeal Pasta Vegetable Bake
with Garlic Bread, Sweetcorn and Peppers or Carrots

Jacket Potato with Cheese and Beans

Ice Cream

WEDNESDAY

Roasts 

Roast Chicken Stuffing & Gravy
with Roast Potatoes and Cabbage or Courgettes

Quorn Roast
with Roast Potatoes and Cabbage or Courgettes

Macaroni Cheese

Shortbread

THURSDAY

AROUND THE World 

Honey Chicken Stir Fry
with Rice and Leeks or Broccoli

Sweet and Sour Vegetables
with Rice and Leeks or Broccoli

Jacket Potato with Cheese and Beans or Honey & Soy Chicken

Carrot Cake

FRIDAY

Fish & Chips 

Breaded Fishcake
with Chips and Garden Peas or Baked Beans

Fishless Fingers
with Chips and Garden Peas or Baked Beans

Pasta with Herby Tomato Sauce

Vanilla Iced Sponge

Freshly made sandwiches and crudites are also available

Fresh Bread, Yoghurt, Vegetarian Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:
22/04, 13/05, 03/06, 24/06, 15/07,
05/08, 26/08, 16/09, 07/10

MIQUILL 