## Year 5 Summer Home Learning Activities

Write a Diary Entry – Imagine you are an Anglo-Saxon or Viking during an invasion. Write a diary entry describing your feelings, what happened, and what you saw.

Research the typical size of a Viking longship. Calculate its length, width, and depth and compare these measurements to modern ships or vehicles.

Viking Medicine – Research
Viking remedies for injuries or
illnesses. Create a list of at
least 5 Viking medical
practices and discuss their
effectiveness.

## Famous Viking Leaders -

Research a famous Viking leader (e.g., Ragnar Lothbrok, Ivar the Boneless) and write a short biography highlighting their raids and impact.

Invade and Attack
An activity of your choice linked to the challenge pack.

Viking Settlements Map –

Research Viking settlements across Europe (e.g., Dublin, Normandy) and draw a map showing their spread.

Viking Longship Model – Create a model of a Viking longship using craft materials (cardboard, wood, etc.). Include key features like the dragon head and sails.

Viking Battle Song – Research traditional Viking songs or chants. Write and perform a song or chant that could have been sung during a Viking raid.

## Viking Warrior Training –

Research the physical training that Viking warriors underwent. Create a workout plan inspired by Viking fitness activities (e.g., axe throwing, shield carrying).